Web Tools and Resources

Our website offers education to both healthcare professionals and patients:

**Arthritis News** – Late breaking rheumatology news. Recent research studies, new FDA approvals, and other information impacting the rheumatology world are accompanied by editorial comment written by one of the Johns Hopkins rheumatologists.

**Disease Overviews** – Up-to-date discussion of Rheumatoid Arthritis, Osteoarthritis, Ankylosing Spondylitis, Psoriatic Arthritis, Osteoporosis, and other conditions.

**Webcasts** – Online presentations of selected symposia. Hear the audio and view slides on our Johns Hopkins Pathophysiology Course, the Division's Annual Rheumatology CME Course, other CME activities, and individual lectures on a variety of topics.

**Rheumatology Rounds** – Weekly conferences presented by Johns Hopkins faculty and distinguished guest faculty.

**Ask the Expert** – Johns Hopkins Arthritis Center faculty answer questions on a broad variety of topics. Questions come from across the country on topics such as diagnosis, nutritional considerations, medication side effects, genetics, and more. Subjects with a broad area of interest are discussed at length and available in video format.

**Patient Corner** – Patient education videos on self-injection techniques for biologics and methotrexate are available. Medication handouts can be downloaded. Patient-focused information about diseases, self-management strategies, exercise and more topics are also available.

**Practice Tools** - Mobile applications including disease activity measurements, patient education and frequently asked questions are available for download.

www.HopkinsArthritis.org

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Appointments and Referrals

To make a new patient appointment in the Johns Hopkins Arthritis Center, please forward the results of previous medical evaluations. Include the following:

- Physician referral letter including summary of symptoms and reason for referral
- Previous and current therapies
- Recent laboratory results
- Results of radiology studies

This information is needed to assure referral to the appropriate rheumatologist. This will also aid the rheumatologist in developing a treatment plan. Patients should be prepared to relate their medical, family, and social history as well as all current medications. Patients should expect to complete questionnaires before and during the appointment.

**Send referrals to:**

The Johns Hopkins Arthritis Center
ATTN: Patient Care Coordinator
5501 Hopkins Bayview Circle
JHAAC, Room 1B.1
Baltimore, MD 21224

Phone: 410-550-8089
Fax: 410-550-5601

**International Patients Call:**
+1-410-955-8032
7 a.m. to 6:30 p.m. (Eastern Time), M-F

**Or Visit:** international@jhmi.edu

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**The Johns Hopkins Arthritis Center**
Johns Hopkins Bayview Medical Center
5501 Hopkins Bayview Circle
Asthma and Allergy Center, Floor 1B
Baltimore, Maryland 21224
“Our goals are the same for each patient – to limit pain, prevent damage, maximize function, and improve quality of life.”
Clifton O. Bingham III, MD
Director, Johns Hopkins Arthritis Center

Clinical Care
With a long history of outstanding care, the Johns Hopkins Division of Rheumatology has been ranked #1 by U.S. News & World Report every year since 2005. Since its establishment in 1998, the Johns Hopkins Arthritis Center has been at the forefront of care for patients with arthritis.

Faculty members are thought leaders in the clinical care of patients with inflammatory arthritis. They have served on national and international committees to develop treatment guidelines, diagnostic criteria, patient care, and research methods.

Our faculty and staff work together to provide the best possible outcomes. As a team, we provide education as well as treatment, allowing each patient to make informed decisions in their care. Through the use of traditional medications and the latest biologic therapies, we strive to reach clinical remission in each patient.

Our experienced and dedicated team is committed to ensuring the highest quality, state-of-the-art care for patients in the Baltimore community and around the world.

Our patients have access to the medical expertise of our own Rheumatologists and staff, as well as specialists from around the institution. Our rheumatologists work closely with Hopkins experts of every kind, from orthopedics to hematology; from neurology to gastroenterology. Johns Hopkins provides access to state-of-the-art imaging and diagnostic modalities.

Our most recent initiative is a program for Spondyloarthritis, directed by a team with special interest in those affected by ankylosing spondylitis, psoriatic arthritis, and inflammatory back pain.

Research
The research in the Johns Hopkins Arthritis Center encompasses many different rheumatic diseases. Most of our studies are multidisciplinary and highly collaborative efforts with faculty in our Division, in other specialties within Hopkins, and with investigators across the globe. Conducting basic science, clinical, and translational research, our experts are exploring new ways to diagnose disease, design clinical trials, measure outcomes, and deliver treatment. Our experienced research teams effectively integrate many studies with clinical care.

Areas of current research include:
- Clinical, biochemical, genetic, and imaging characterization of arthritis patients
- Autoantibody discovery and characterization
- Improving patient-reported outcomes in rheumatoid arthritis and spondyloarthritis
- Advanced and molecular imaging of arthritis
- Predictors of progression in osteoarthritis
- Periodontal disease in rheumatoid arthritis
- Exercise in arthritis and fibromyalgia
- Inflammatory arthritis in the elderly
- Investigational medication trials

Research within the Arthritis Center is funded through peer-reviewed foundation, federal, and industry grants, and with the support of our grateful patients and donors.

Education
We are dedicated to providing quality education to patients and healthcare providers alike. As part of our mission, we train Fellows, residents, and students to understand the complexities of arthritis and to become future leaders in the field.

We provide audio, video, printed materials, CME, and non-CME offerings of the latest information on inflammatory arthritis and related subjects to enhance knowledge in the rheumatic diseases. Many of these are available through our award-winning website (www.hopkins-arthritis.org).

We direct a Rheumatology Continuing Medical Education Course (CME) each spring addressing the advances in diagnosis and treatment of rheumatic diseases.

Our Faculty

Clifton O. Bingham, III, M.D.
Director, Johns Hopkins Arthritis Center
Interests: Inflammatory arthritis, rheumatoid arthritis, osteoarthritis, oral health in rheumatic disease, clinical trials, clinical outcomes, patient and health care provider education

Uzma Haque, M.D.
Interests: Inflammatory arthritis, Vitamin D in rheumatoid arthritis, clinical outcomes, medical education

Grant Louie, M.D., M.H.S.
Interests: Inflammatory arthritis, spondyloarthritis, clinical outcomes, medical education

Rebecca Manno, M.D., M.H.S.
Interests: Inflammatory arthritis, spondyloarthritis, clinical outcomes, medical education

John A. Flynn, M.D., M.Ed.
Interests: Spondyloarthritis, medical education

Kevin Fontaine, Ph.D.
Interests: Resistance exercise and physical activity in fibromyalgia and arthritis, body composition

Susan Bartlett, Ph.D. (Adjunct)
Interests: Patient communication, adherence, patient reported outcomes, psychosocial determinants of health outcomes

Felipe Andrade, M.D., Ph.D.
Interests: Mechanisms of citrullination, autoantibody phenotyping of patients with rheumatic diseases

Erika Darrah, Ph.D.
Interests: Autoantigen-specific antibody and T cell responses in patients with rheumatoid arthritis

Victoria Ruffing, R.N., C.C.R.P.
Interests: Patient and healthcare provider education, patient communication, adherence